

FOR



TEACHERS

And Parents!

This book can help students learn the notes. They can learn the notes by how each one looks. Notes are a building block to reading music just like letters, are a building block to reading words!

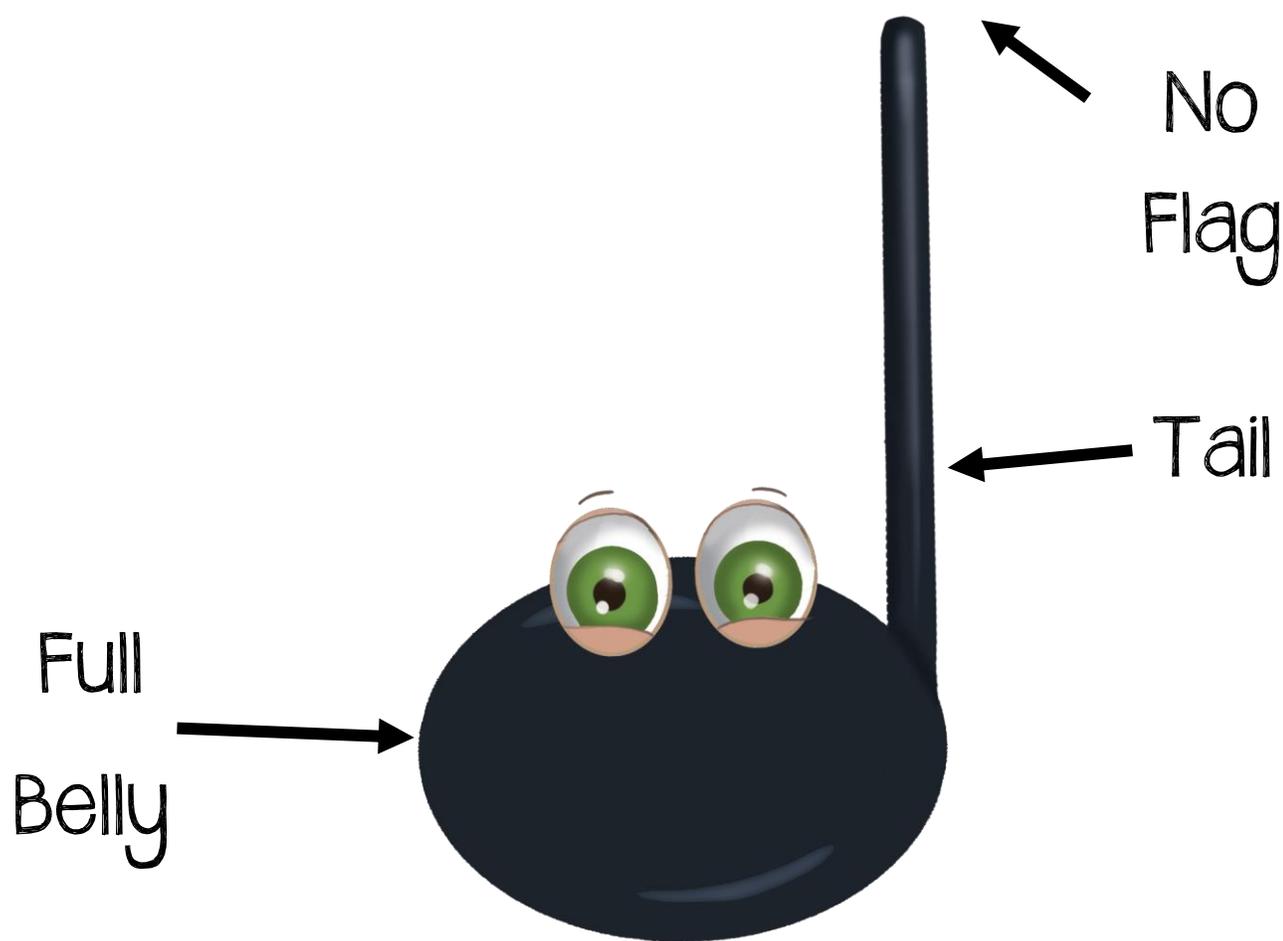
- Does it have:
 - Empty or Full Belly?
 - Tail or No Tail?
 - Flag or No Flag?

- While reading the story you can ask your students:
 - What does this note look like?
 - Does it have a Full Belly or an Empty Belly?
 - Does it have a Tail?
 - Does it have a Flag?

- You can repeat the name of the note while reading the story and while going over the way the note looks.

- Quickly remind students how many counts each note is while reading the story.
 - Whole Note is Four
 - Half Note is Two
 - Quarter Note is One
 - We say “And” for the Eighth Note

This is a Quarter Note



At My Music Workshop we use “Belly, Tail and Flag,” because little ones know what these things are and they’re fun and easy to remember. As they grow, they’ll be introduced to the words “stem” instead of “tail” and “note head” instead of “belly.” “flag” is the same.



The **Whole Note** loved playing music, especially with friends. He was the longest of all the notes, and his sound lasted for four counts. "1, 2, 3, 4." The **Whole Note** played his long sound every day, but as he grew older he got tired and couldn't play such a long note anymore.

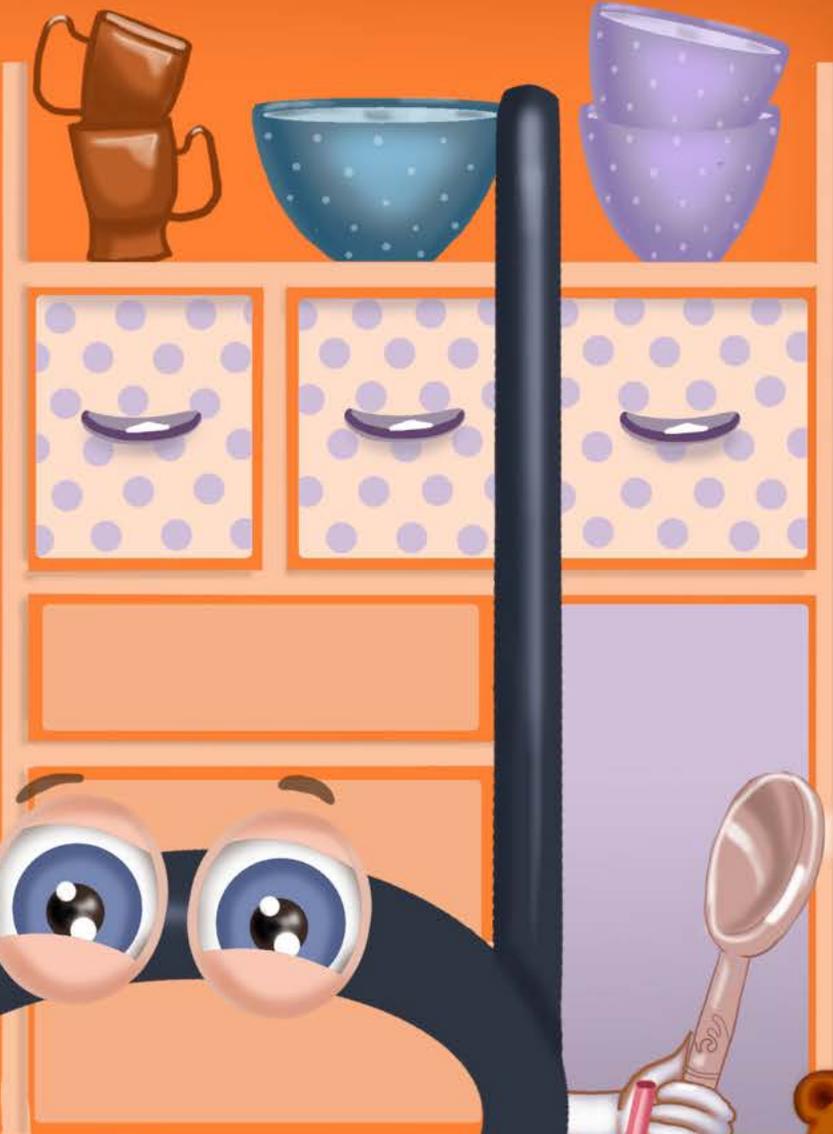


He wanted to play a shorter note. If only he had a tail, he thought, he would be a different note, a quicker note. One night, as he was going to bed, he wished for a tail... The next morning he woke up and felt different, a little quicker than before. He had grown a tail and wasn't a **Whole Note** anymore. He had changed into...



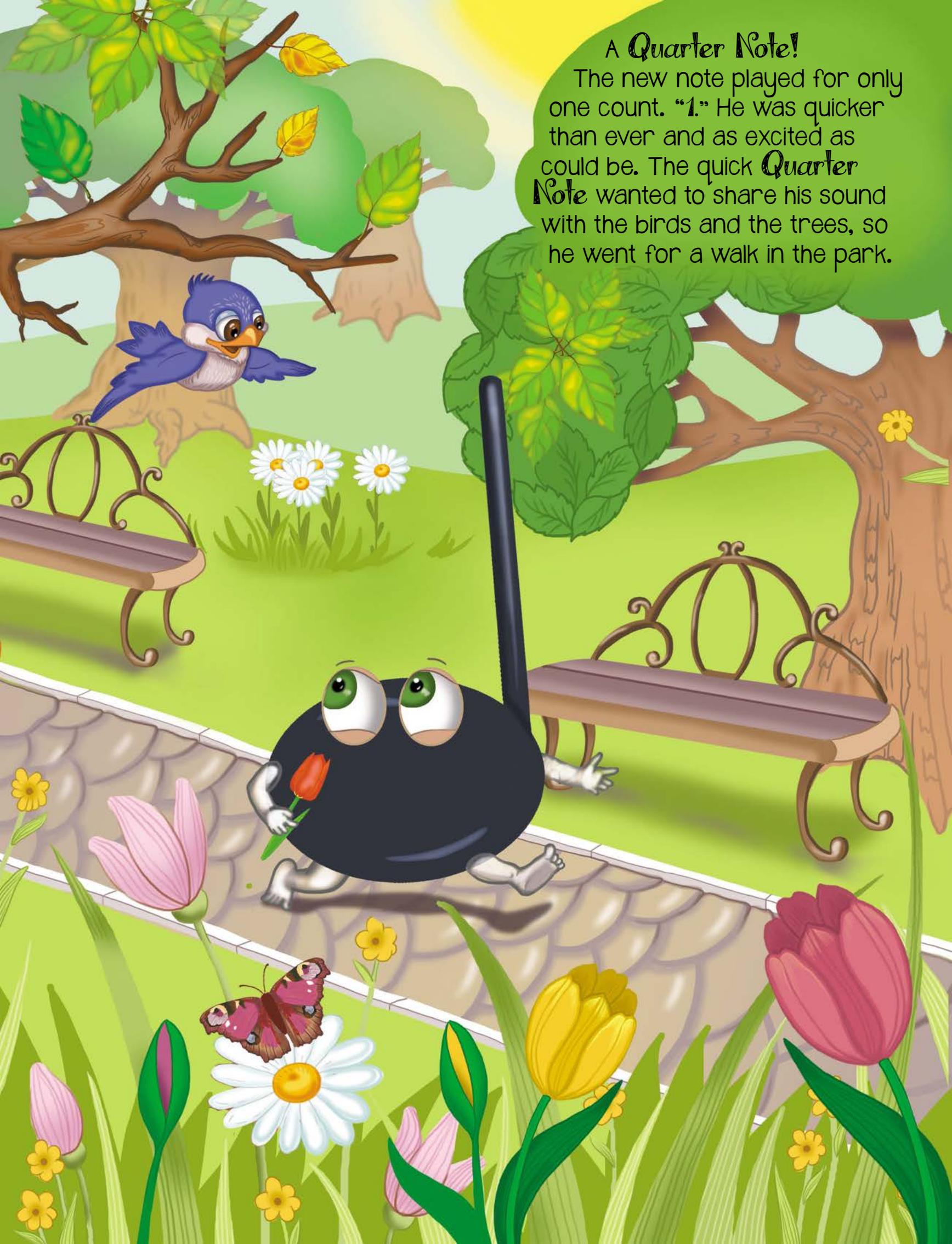
A **Half Note!** With a skip in his step
he felt fresh and new. Instead
of four long counts, he only
played two. "1, 2."

The **Half Note** loved his new tail, but after playing music for just a little while he noticed he was very hungry. It must have been his empty belly. The note decided to fill his belly with a big lunch. When he finished he felt different, a little quicker than before. With a new full belly he wasn't a **Half Note** anymore. He had changed into...



A Quarter Note!

The new note played for only one count. "1." He was quicker than ever and as excited as could be. The quick **Quarter Note** wanted to share his sound with the birds and the trees, so he went for a walk in the park.





The **Quarter Note** was having so much fun, when all of a sudden he felt a strong gust of wind blow right over his head. He thought of how great it would be to have a flag on his tail, so he could watch it wave in the breeze. Just then, the **Quarter Note** noticed something out of the corner of his eye, it was a flag! He picked it up and put it high on the end of his tail for everyone to see. It made him feel different, a little quicker than before. With a flag on his tail he wasn't a **Quarter Note** anymore. He had changed into...



An Eighth Note!
The note was quicker
than he ever imagined.

He ran, he skipped, he jumped,
and he played, but after a while
he started feeling lonely. "It
would be so nice to play music
with a friend," he thought. At
that moment, he heard
something. Was it another
Eighth Note? He ran as fast
as he could toward the
sound.



It was another **Eighth Note!** The two notes had found each other and quickly became the best of friends. They stood side by side and put their flags together. It made them feel different, a little happier than before. They weren't alone anymore. The **Eighth Notes** were together, and they lived happily ever after playing their new sound... "1, and," for all to hear!

Can you help change the note?

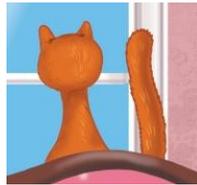
Try your best to change the notes.

The clues will help you!



Hi! It's me, the **Whole Note**. I'm tired. Can you help me change into a **Half Note**? What do I need? Do I need a tail, a flag, or wings?

CHOOSE ONE...



Wow! Thank you! I love my new tail. Now I'm a **Half Note**. I think I'm getting hungry. Can you help me change into a **Quarter Note**? What do I need? Do I need to brush my teeth, turn on the lights, or should I fill my belly?

CHOOSE ONE...



→ TURN THE PAGE TO CHANGE MORE NOTES...



Delicious! My belly is full! Now I'm a **Quarter Note**. It's getting windy. I think it's time to change again. Can you help me change into an **Eighth Note**? What do I need? Do I need a flag, a truck, or a teddy bear?

CHOOSE ONE...



Excellent! I'm feeling very quick now that I'm an **Eighth Note**. I would love to play music with a friend. When another **Eighth Note** stands next to me, what should we do? Should we find a butterfly, connect our flags, or should we play in the sandbox?

CHOOSE ONE...



Yay! Our flags are connected. Now we can play music together forever...

Thanks for your help!



Find the Quarter Note!
Find the Whole Note!

Find the Half Note!
Find the Eighth Note!

